



## MOTIVATION

### **Overview:**

If businesses or individuals want greater success, then the answer resides within the ability to improve motivation, improve the use of energy and to improve talent. Yet, almost every time, the emphasis is on talent or the hard skills with little or no focus on motivation or the soft skills.

It's no secret - employees who feel they are valued and recognized for the work they do are more motivated, responsible and productive. Moreover the real sustenance of motivation lies in the "Art of self motivation". This is a busy one-day motivation training workshop to help emerging leaders create a more dynamic, loyal and energized personality and replicate it in their workplace.

### **Benefits for the Participants:**

- By attending this training seminar you'll learn how to:
  - Identify the link between motivation and employee performance
  - Recognize the external factors that can influence performance
  - Discover ways to build and encourage self motivation
  - Learn effective strategies to encourage and sustain positive attitude
  - See things in different perspectives
  - Manage and adapt to change
  - Have a clear vision and overcome obstacles



## **MOTIVATION**

### **Training Topics**

- Showing Self-Confidence
- Never Give-Up
- What is Success?
- Characteristics Essential to Achieving Success
- The Power of Positive Attitude
- Expectations and Self-Efficacy
- Importance of Commitment
- Power of Persistence
- Self Motivation Tips:
  - Focus
  - Hard Work
  - Positive believing
  - Character
  - Give more than what you get
  - Pride of performance
  - Passion
  - Strategy
- Personal Goal Setting

### **Who Should Attend?**

- Supervisors, Managers and Team Leaders

### **Training Hours:**

- The duration of the training program will be 8 hours



## MOTIVATION

### Training Methodology:

- PowerPoint Presentation
- Movie Clips
- Group Activities

### Resources Required:

- MMM Training Solutions will conduct the training.
- Maximum number of participants to a class will be 15.
- The training will be conducted at a venue organized by client.
- The following will be provided by client:
  - Handouts will be printed/photocopied
  - The LCD projector & computer with CD and DVD drive
  - Folders/files for trainees to store their information/feedback
  - Audio speakers
  - Pens and notepads for trainees