



Overview:

Team building will strengthen and build the whole team while developing the individual; it helps people steer away from blame and create a climate of loyalty and support.

It is most important to recognize that a team is a collection of related but disparate individuals. There may be common goals and purpose, but each team member will see things differently because no two people see the world in exactly the same way.

Team members don't always have to agree; however, they do need to negotiate and accommodate all the different views and ways of working that people have.

This training program aims at aiding team members and managers understand the various elements that go into building and managing an effective team.

The Benefits Are:

- Creating trust amongst team members
- Recognizing individual strengths, styles and skills
- Keeping lines of communication flexible
- Ensuring tolerance
- Helping leaders in understanding team members

Acknowledging the phases any team will go through

Training Topics:

- Exercise: word enumerator
- The magic of synergy
- Characteristics of an effective team
- Essentials of an effective team:
 - Respect
 - Focus
 - Communication



- Self-reliance
- Commitment
- Leadership
- Trust
- Activity: team trust
- Activity: Team shape up
- Evolution of a team
 - Coming together
 - Staying together
 - Synergizing
 - Succeeding
 - Disbanding
- Activity: making the connection
- Activity: building a high-rise
- Managing a team
 - Selection
 - Bonding
 - Development
 - Delegation
- Handling team dynamics
 - Activity: providing feedback
 - Giving and receiving feedback
 - Common mistakes in giving feedback
 - Giving negative feedback
 - The structure of effective feedback
 - Creating a collaborative work environment

Training Hours:

The duration of the training program will be 8 hours